

Visual artist and dancer, living life as a work of art.

Focusing on abstract painting, the process is led by the materials and by the physical act of mark making. Sometimes combining dance and movement whilst painting, the forms emerge spontaneously, unplanned with no expectations or preconceptions. Each line is highly personal, sometimes hesitant or uncertain, sometimes dynamic, joyous and life affirming.

My visual practice also includes a constant practice of observational drawing which is key to visual creativity. It is also a meditation, and the forms I discover in my observational drawing interact with my abstract work. My preferred subject is people: the nude human form, as well as portraits, the human face. I love life drawing because it captures a real moment in time, and because I love people.

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**Exhibitions** .....

**30 September – 3 November 2023 | 'The Tapestry of E3-E14' | The Victoria, Mile End**  
Group show of local friends responding to our shared neighbourhood

**22 May – 26 June 2023 | 'Abstracts' | Fazenda, 9 Harrow Pl, London E1 7DB** Group show with artists Roger Westoby and Mark Lovelace of abstract paintings

**1 April – 30 April 2023 | 'New Botanicals' | The Victoria, Mile End** Solo exhibition, observational drawings and paintings of plants and flowers with varied approaches

**September 2022 | 'City Lanes' | 24 Golden Square, Soho** Group show focusing on the forever changing London skyline

**16 July– 31 August 2022 | 'Portraits' | The Victoria, Mile End** Group show of portraits made at the 'Draw Each Other's Portraits Group'

**15 June – 22 June 2022 | 'I Want to Know What Love Is' | The Clockhouse, Peckham** Group show of life drawings

**14 August – 30 August 2021 | 'An Unexpected View-Work by Victoria Park Friends' | The Gallery Cafe, Bethnal Green** Group show focusing on the People's Park throughout the Covid-19 pandemic

**15 September – 26 September, 2021 | 'Abstract Art' | The Brick Lane Gallery The Annex, 93-95 Sclater St, London E1 6HR** Group exhibition of abstract art

**11 September – 25 September, 2021 | 'Botanical Works' | Magus Coffee Shop, 357 Roman Rd, Old Ford, London E3 5QR** Solo exhibition, observational drawings of plants and flowers with varied approaches

**5 October – 26 October, 2019 | Hoxton Cabin, 132 Kingsland Rd, Hackney, London E2 8DP** Group show of portraits made at the 'Draw Each Other's Portraits Group'

**22 September – 13 October, 2018 | Hoxton Cabin, 132 Kingsland Rd, Hackney, London E2 8DP** Group show of portraits made at the 'Draw Each Other's Portraits Group'

**February 2017 | 'Ill on the Roman Road' Magus Coffe Shop, 357 Roman Rd, Old Ford, London E3 5QR** Group show with artists Roger Westoby and Mark Lovelace. I exhibited a range of life drawings on paper. Materials were pencil and oil pastel.

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**Qualifications** .....

- **2007-2009 The Avni Institute of Art and Design:** Visual Communication Course
- **2004-2005 University of Salford:** Postgraduate Certificate in Graphic Design
- **2000-2004 University of Haifa:** BSc in Fine Art and Mathematics (graduated with a first in both